

# ADEPT:

## Advanced Education in Psychedelic Therapy

Join our comprehensive training for the next generation of skilled, ethical, and responsible psychedelic therapists.

DEVELOPED BY

 **OPEN**

FOUNDATION



# **ADEPT: Grounded in Science, Rooted in Practice**

---

Mastering psychedelic-assisted therapy requires skills across clinical, relational, somatic, ethical, and existential dimensions.

ADEPT integrates theoretical education, clinical supervision, and experiential training with psilocybin to develop the necessary skills for responsible psychedelic care.

Join a global community shaping the future of psychedelic care.



# Comprehensive training in multidimensional psychedelic-assisted therapy

---

**40+**

## Lectures by leading experts

Covering history, clinical application, scientific research, theoretical foundations, and ethical considerations

**3**

## Experiential training practicums

Personal experience (1x 3 days), supervised facilitation (2x 5 days), and extensive preparation and integration support

**5**

## In-person training days

With leading experts and experienced trainers: hands-on practices and skills training



# Receive certification, embody a new approach, and gain crucial tools and practices

---

**20**

**Hours of clinical supervision**

Based on your facilitation practice, real case studies, and video recordings of sessions

**25**

**Hours of guided practices**

Video and audio instructions and guided somatic and contemplative practices

**5+**

**Exclusively curated tools and protocols**

Preparation and integration guides, health screening tool, and other foundational documents to start your future practice



# The psychedelic apprenticeship model

**ADEPT** does not teach a single therapeutic modality. It trains mental health professionals to deliver therapeutic interventions ethically and effectively.

The curriculum draws on a multidimensional framework spanning **psychiatry, psychotherapy, psychopharmacology, neuroscience, Indigenous wisdom, anthropology, clinical chaplaincy, and history.**

**This comprehensive curriculum culminates in something most programmes cannot offer.**

**212** Hours of online education:  
lectures, tutor groups, faculty Q&As, supervision & integration sessions

**150+** Hours of on-site education: 18 days, minimum 8 hours per day

**5** In-person training days:  
breathwork, somatic practice, role-play, case studies, critical situations

**13** Days of experiential practicums: legal, supervised, in the Netherlands

Contemplative and somatic practices are woven throughout the programme: from breathwork and somatics to integration practices, all embedded across **40 lectures, 40 live tutorials, 25 hours of guided practices, and 10 live Q&As.**

Over two years, participants develop competencies that are both clinical and non-clinical in nature; bridging critical **thinking** and scientific rigour, with **embodiment** and the kind of personal formation that only comes from sustained, supervised **practice.**



# Explore the comprehensive ADEPT syllabus

Every module spans four weeks

- Module 1:** Orientation, core competencies, and key concepts
- Module 2:** Historical and critical perspectives on psychedelics and PAT
- Module 3:** Neurobiology and psychopharmacology of psychedelics
- Module 4:** Clinical evidence: risks, processes, and outcomes
- Module 5:** Multidimensional and transdiagnostic models of care
- Module 6:** The arc of psychedelic-assisted therapy: Preparation
- Module 7:** Understanding and working with non-ordinary states of consciousness
- Module 8:** The arc of psychedelic-assisted therapy: Sessions
- Module 9:** The arc of psychedelic-assisted therapy: Integration
- Module 10:** Working in groups: community and psychedelic group therapy

## INSIDE EACH MODULE

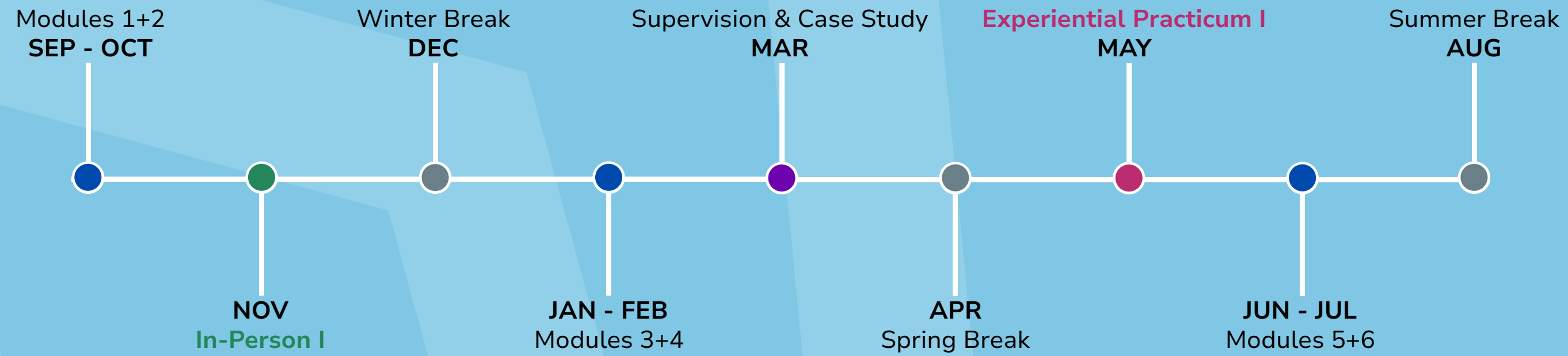
### Four weeks, four lenses

- 01 THEORY**  
The foundational building blocks of the topic
- 02 PRACTICE**  
How theory takes shape in practice
- 03 ETHICS**  
Ethical considerations that arise in practice
- 04 INTEGRATION**  
Bridging insights into your practice

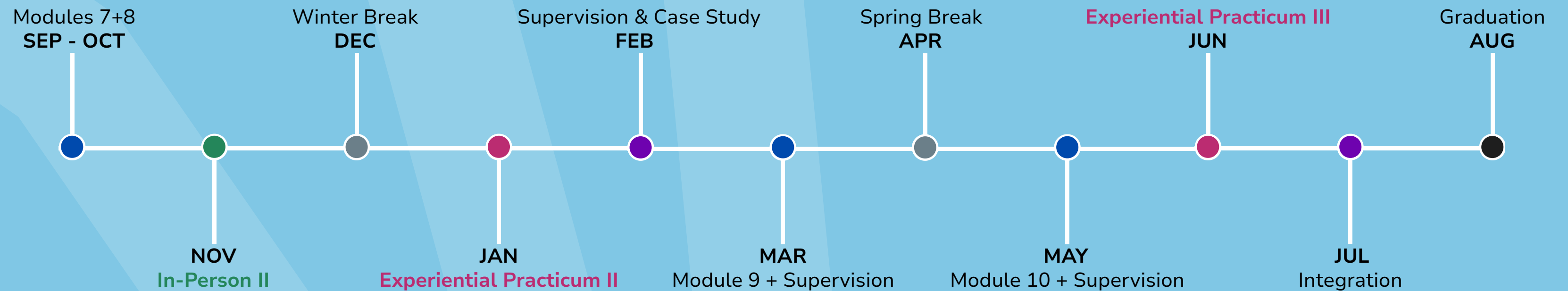


# Your two-year learning journey

YEAR 1



YEAR 2





# What you will embody

---

## Therapeutic competencies

- Master core practices in psycholytic, psychedelic-assisted, and MDMA-assisted therapy
- Develop expertise in client-centered preparation, session support, and integration
- Cultivate mindful, embodied therapeutic presence

## Clinical & scientific grounding

- Understand the pharmacology and neurobiology of classical and atypical psychedelics
- Learn how and why psychedelic therapy works
- Conduct comprehensive health screenings and risk mitigation
- Engage critically with the latest research findings

## Ethical & cultural depth

- Navigate complex ethical questions, including informed consent and therapeutic touch
- Integrate Indigenous wisdom and contemplative practices into a culturally attuned framework
- Gain hands-on experience under expert supervision

# When theory becomes practice

Five in-person training days at a central location in the Netherlands, structured as full-day workshops with hands-on practice, role-play, case studies, and skill application, facilitated by experienced trainers.



**Become part of a community of psychedelic practitioners**



WHAT WE COVER

## Themes

- 01** Working with anxiety, fear, anger, aggression, and challenging experiences
- 02** Offering attuned, ethical and appropriate touch
- 03** Learning to work with movement and music
- 04** Skillfully working with romantic and sexual (counter)transferences
- 05** Experiencing breathwork and supporting others
- 06** Managing critical situations and medical emergencies



# Experiential practicums psychedelic apprenticeship in practice

## YEAR 1

### The 3-Day Experiential

#### EMBODIMENT & THE CLIENT'S PERSPECTIVE

Work with psilocybin truffles in a group setting, supported by our professional facilitators — an embodied introduction to the client's experience.

## YEAR 2

### The 5-Day Individual Experiential

#### EXPERIENTIAL TRAINING IN A 1:1 SETTING

Apprentice individual care: receive and offer support in a one-on-one setting, under close supervision from seasoned therapists, with extensive day-after feedback.

## YEAR 2

### The 5-Day Group Experiential

#### FACILITATION PRACTICE IN A GROUP CONTEXT

Practice facilitation in a group setting: navigating dynamics, boundaries, and shared experiences, supervised throughout. Receive tailored feedback and learn from experts.

LEGAL • IN-PERSON • SUPERVISED • IN THE NETHERLANDS • FOOD & ACCOMMODATION INCLUDED

*Participation is mandatory. Consuming truffles is optional.*

# Community building in ADEPT



The first cohort of ADEPT students

ADEPT **cohorts** are capped at **24 participants**, intentionally keeping groups small to allow for depth, safety, and intimacy. Weekly **tutor groups** of **12** students max allow for real conversations. **Supervision groups** take place with **6** trainees, ensuring personal attention and enabling professional growth.

Over the span of **two** years, you receive **ten** supervision sessions, **forty** live tutorials with experienced psychedelic practitioners, **five** days with experienced trainers, and **ten** live Q&As with core and guest faculty.

“The work of a therapist is being confronted with difficult situations everyday. Finding a place where you are taken care of as a therapist can be very helpful.”

— Marc Aixalà, MSc, ADEPT Core Faculty

# ADEPT Core Faculty



Learn from faculty members with decades of clinical experience in PAT



Marc Aixalà, MSc



Michiel van Elk, PhD



Anja Loizaga-Velder, PhD



Rosalind Watts, PsyD

***Mastering  
psychedelic-assisted  
therapy requires  
more than any single  
discipline can offer.***

Our core faculty represents different forms of knowing — each firmly rooted in their own tradition. Together they bring scientific rigour, clinical experience and integration, somatic and contemplative practices, and Indigenous wisdom into every module, tutorial, and practicum.

***ADEPT training is truly multidimensional and interdisciplinary.***

# ADEPT Guest Faculty



Bill Brennan, PhD



Wim van den Brink,  
MD, PhD



Susana Bustos, PhD



Erica Dyck, PhD



Michelle Glass, BA



Genesee Herzberg,  
PsyD



Iain Jordan,  
MB BCH BAO



Sara Oke, MS



Roman Palitsky, PhD



Sergio Pérez Rosal, MD

# ADEPT Advisory Council



Robert Schoevers, MD, PhD



Janis Phelps, PhD



Lisa Bright, BSc



Holly Fernandez Lynch, JD, MBe

---

*"I would encourage you to consider enrolling in a programme like ADEPT, so you can get further training and really know what you're doing. We need more supervisors and pioneers as this field grows — we don't have enough people. So please consider joining us in whatever way you want to... I'm really happy to be supporting ADEPT right now."*

— Janis Phelps, PhD



# ADEPT student testimonials

ADEPT stands out to me because it approaches psychedelic-assisted psychotherapy with depth, integrity, and clinical seriousness.



What I value most is the combination of rigorous teaching, ethical reflection, and practical learning.



**Guy Simon**

Psychotherapist, Clinical Director,  
Supervisor & Researcher

ADEPT PARTICIPANT  
AMSTERDAM, THE NETHERLANDS

In-depth, broad, nuanced and as far as possible scientific. No ill-considered 'we-are-going-to-save-the-world' party, but a sincere and optimistic quest to implement this in mental health care in an ethical and responsible manner. ADEPT will have been a life-changing experience.



**Tinne Segers**

Psychiatrist

ADEPT PARTICIPANT  
BELGIUM

An adventurous journey, with a wide range of current scientific information, great depth of Indigenous wisdom, combined with experiential, hands-on learning together with skilled colleagues from all over Europe.



**Klara Kasikova**

Psychiatrist

ADEPT PARTICIPANT  
EINDHOVEN, THE NETHERLANDS



WHO CAN APPLY

# Eligibility Criteria

These criteria **safeguard ADEPT's clinical rigor and professional integrity**, ensuring every cohort is composed of practitioners equipped to engage with the depth and responsibility that psychedelic-assisted therapy demands.



## Licensed mental health professionals

BIG-registration (NL), or accredited with (inter)national licensing bodies in psychotherapy, psychiatry, or medicine.



## ≥3 years of clinical experience

Providing psychotherapy or mental healthcare.



## Minimum age of 25



## Minimum BA/BSc



## Comprehension of academic English



## *Other relevant backgrounds*

Considered through individual assessment.

## TUITION

# A complete two-year training

# €18,500

24 months • €9,250 per year

• Cohort 2 begins *September 2026*

*Tuition includes food for in-person training days, and food & accommodation for experiential practicums.*

*Participants are responsible for transportation to all in-person events.*

## WHAT'S INCLUDED

Everything that makes up the programme.

- ✓ 10 expert-led online modules
- ✓ 40 live tutorial sessions
- ✓ 10 live Q&A's with core & guest faculty
- ✓ 5 in-person training days in the Netherlands
- ✓ 3 experiential practicums in the Netherlands
- ✓ Access to OPEN Foundation's Professional community platform
- ✓ OPEN Foundation certification upon graduation

## PAYMENT OPTIONS

Choose the schedule that fits

### 01 Pay in Full

€18,000 — single payment at enrolment

### 02 Two Installments

€1,500 deposit + 2x €8,500

### 03 Ten Installments

€1,500 deposit + 9x €1,991.97



€771  
PER MONTH

ADEPT sits **at the market-median cost per month** across comparable European trainings (€743 avg.), while remaining the **only programme that bundles three legal, supervised psilocybin experientials** in the tuition.

## FOUNDATIONS OF PSYCHEDELIC THERAPY

# Interested in a fully online programme?

## Start with Foundations.

# €6,750

13 months • Fully online

ACCESSIBLE FROM ANYWHERE IN THE WORLD

• Cohort 2 begins *November 2026*

### DESIGNED FOR

Practitioners, clinicians, and graduate students seeking rigorous theoretical grounding in psychedelic-assisted therapy from anywhere in the world.



### WHAT'S INCLUDED

The online curriculum, in full.

- ✓ 10 expert-led online modules
  - ↳ 40 lectures developed for ADEPT
- ✓ 40 live tutorial sessions
- ✓ 10 live Q&A's with core & guest faculty
- ✓ Access to OPEN Foundation's Professional community platform

### WHAT IS FOUNDATIONS?

Foundations of Psychedelic Therapy is an in-depth, fully online programme delivered over 13 months in small, supportive cohorts. Recorded expert-led modules, guided peer interaction, and live sessions with experts equip mental health professionals with the essential theoretical knowledge to understand, contextualise, and integrate psychedelic-assisted therapy within a clinical framework.



### ON COMPLETION

**Certificate of Completion in Foundations of Psychedelic Therapy**



# Your pathway into psychedelic-assisted therapy

## STEP 01 • START HERE

### Foundations

13 months • Fully online

Foundations provides the essential theoretical groundwork, best practices, and evidence-based frameworks needed to understand, evaluate, and integrate psychedelic-assisted therapy into your professional context, with the flexibility to learn from anywhere.

- ✓ 10 expert-led online modules
- ✓ 40 live tutorials
- ✓ 10 faculty Q&A's
- ✓ Pro community access

✓ **Certificate of Completion** in Foundations of Psychedelic Therapy



### ELIGIBILITY MET?

Then it's time to apply to ADEPT.

Your Foundations certificate counts toward full completion.



## STEP 02 • CONTINUE WITH

### ADEPT

The remaining components • Hybrid

ADEPT builds on this foundation with a hybrid programme that integrates in-person training, experiential workshops, and advanced clinical skill development, designed for professionals seeking full certification to safely and effectively practice psychedelic-assisted therapy.

- ✓ 5 in-person training days
- ✓ 3 supervised psilocybin experientials (1x 3 days & 2x 5 days)
- ✓ Integrated clinical supervision



**Full Certification** in Psychedelic-Assisted Therapy



# Enrol in 3 steps



## Registration

Start with your basic info (1 minute)



## Enrolment Fee

€80 non-refundable (€25 for Foundations)



## Enrolment Form

Full application via secure email link

Have any questions?  
Please contact us.



[adept@open-foundation.org](mailto:adept@open-foundation.org)  
[learnwithadept.com](https://learnwithadept.com)





# Web resources

---

**ADEPT Website:** [click here.](#)

**ADEPT Cohort 2 Schedule:** [click here.](#)

**ADEPT FAQ:** [click here.](#)

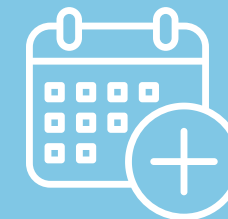
**Foundations Website:** [click here.](#)

**Foundations Cohort 2 Schedule:** [click here.](#)

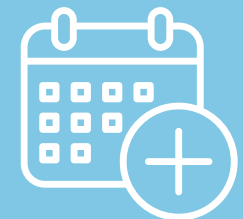
**Foundations FAQ:** [click here.](#)

## ADEPT C2 Calendar Placeholders

Wednesday Group

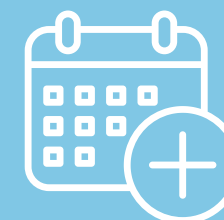


Thursday Group



## Foundations C2 Calendar Placeholders

Wednesday Group



Thursday Group



*Add a placeholder calendar to your own to see the rough time commitment of each programme.*



# Web resources

---

## Take **ADEPT** with you

**Scan the QR code to access:**

- ADEPT / Foundation website
- 2026 Cohort schedules
- Calendar placeholders
- FAQ
- Newsletter





# How to use this overview

The field of psychedelic-assisted therapy is developing rapidly across clinical, academic, and regulatory contexts. As training programmes expand, their structures, supervision models, and eligibility criteria continue to vary considerably in ways that matter significantly for clinicians making a serious professional commitment.

The upcoming table presents a side-by-side overview of nine established programmes, covering key dimensions of structure, clinical depth, experiential access, and value. It is intended to support informed, professional decision-making rather than to prescribe a particular pathway.

*OPEN Foundation has prepared this guide in good faith. Programme information reflects details available at the time of publication (March 2026). Pricing, structure, and eligibility criteria may change. We encourage direct contact with individual programmes for the most current information. Programmes marked **COLLAB** have an active collaborative relationship with OPEN Foundation or ADEPT.*

## DIMENSIONS COMPARED

### - Programme Duration

Total length in months; longer programmes generally allow for deeper supervision cycles and cohort development

### - Target Audience

Whether the programme focuses exclusively on clinical professionals with strict eligibility criteria

### - Clinical Supervision

Whether structured clinical supervision is integrated into the programme

### - Format

How the curriculum is structured: in-person, online, or a hybrid of both

### - Experiential Training & Cost

Whether the programme includes legal, in-person, supervised sessions with classical psychedelics, and whether those experiences are included in tuition

Programme	Location	Structure	Price (EUR)	Duration	Target Audience	Format	Clinical Supervision	Psychedelic Experiential Included in Price	Psychedelic Experiential Training
<b>ADEPT: Advanced Education in Psychedelic Therapy</b> OPEN Foundation	Netherlands	Non-Profit	€18,500	24 Months	Licensed psychotherapists, psychiatrists, medical doctors, health care professionals (3+ years of clinical experience)	Hybrid	✓	✓	Includes 4 experientials: 2x group psilocybin, 1x individual psilocybin, 1x breathwork Legal   In-person   Supervised
<b>Certificate in Psychedelic-Assisted Therapies and Research</b> CIIS <span>COLLAB</span>	USA	University	€8,200	12 Months	Clinicians, therapists, researchers, clergy, and affiliated professionals	Hybrid or Online	—	—	No psychedelic experiential component. The hybrid San Francisco cohort includes Holotropic Breathwork.
<b>Weiterbildung Psychedelika-assistierte Therapie</b> SÄPT <span>COLLAB</span>	Switzerland	Association	€13,250	36 Months	Physicians, psychiatrists, psychologists, and psychotherapists	Hybrid	✓	—	Psychedelic experiential component based on eligibility and availability within a clinical study.
<b>Augmented Psychotherapy Training (APT)</b> MIND Foundation	Germany	Non-Profit	€15,000	15 Months	Medical doctors, psychotherapists, therapists, other mental health professionals	Hybrid	✓	✓	Includes 3 breathwork & 2 ketamine experientials, plus optional psilocybin module
<b>Psychedelic-Assisted Therapy Training</b> Integrative Psychiatry Institute	USA	Commercial	€5,200	4 Months	Clinicians, therapists, health care professionals, and non-clinical practitioners	Online	—	—	No experiential component
<b>Psychedelic Practitioner Training</b> Experiential Training Institute	Netherlands	Commercial	€5,750	4 Months	Clinicians, coaches, practitioners, students, and more	Hybrid	✓	✓	Includes one psilocybin experiential offered via a 4-day retreat
<b>MDMA Therapy Training Program</b> MAPS	USA	Non-Profit	€6,200	6 Weeks	Health care professionals	Hybrid or Online	—	—	No experiential component. Focus on MDMA-AT.
<b>Psychedelic Practitioner Core Training</b> The Synthesis Institute	Netherlands	Commercial	€9,975	13 Months	Non-clinical practitioners, therapists, and facilitators	Online	—	—	1x psilocybin experiential component available for added cost (€3,800-€5,800).
<b>Psychedelic Assisted Therapy Training (Depth-Relational Process)</b> Institute of Psychedelic Therapy <span>COLLAB</span>	United Kingdom	Non-Profit	Not publicly listed	24 Months	Therapists and practitioners (including those in training)	Hybrid	✓	✓	Includes family constellations, holotropic breathwork, and legal psychedelic retreat intensives

COLLAB = ACTIVE COLLABORATIVE RELATIONSHIP WITH OPEN FOUNDATION / ADEPT

# Discover the OPEN Foundation

Nineteen years advancing psychedelic research and therapy

Since 2007, the **OPEN Foundation** has led psychedelic research, education, and policy work in the Netherlands and Europe. Since 2010, we organize the **Interdisciplinary Conference on Psychedelic Research (ICPR)** every 2 years, shape policy with regulators and ministries of health, and build the multidisciplinary community that will research and deliver psychedelic-assisted therapy.

Bringing together highly experienced professionals with decades of expertise in delivering and researching psychedelic-assisted therapy, **ADEPT** is a unique training programme that combines thorough theoretical education with practical training and ongoing supervision and mentorship. **Through apprenticeship, hands-on skill training, study, and contemplative and somatic practice, this comprehensive programme equips participants with the core competencies needed to safely, ethically, and professionally integrate psychedelic-assisted therapy into mental healthcare.**



## Our values

### Professionalism

Continuous learning, therapeutic rigour, reflective practice.

### Ethics

The highest standards of safety and integrity.

### Care

Integrative, client-centered psychedelic therapy.

### Connection

Belonging and shared purpose across practitioners and clients.

# Thank you!

We look forward to receiving your application!

[adept@open-foundation.org](mailto:adept@open-foundation.org)  
[learnwithadept.com](https://learnwithadept.com)

DEVELOPED BY

 **OPEN**

FOUNDATION